

Lucas Baldo 0:00

My name is Lucas Baldo. Today's date is 3/8/2021. I am interviewing: Anjela Arlette Kallos.
When were you born?

Arlette Kallos 0:12

I was born on April 19, 1999.

Lucas Baldo 0:14

Where are you from?

Arlette Kallos 0:19

Originally, I am from Legazpi City, Philippines. However, about six years ago I decided to move to the metro which is in Manila to get my bachelor's degree.

Lucas Baldo 0:33

What is or was what was your occupation?

Arlette Kallos 0:38

I am an Associate Content Specialist.

Lucas Baldo 0:43

When and how did you first hear about the virus can you explain your experience?

Arlette Kallos 0:50

As far as i can remember it was January of 2020 when i saw a facebook post from a local network stating that there is this flu like virus called COVID-19 or SARSCOV2 originating from Wuhan, China there were a number of both that the virus might have been caused by eating wild animals in the area and at first I was really curious about it so I tried to gather information by reading multiple articles and news about it but as the information kept increasing and as the day went went by i started to feel terrified knowing that there isn't any cure nor vaccine to fight against it and unfortunately about two to three weeks after a confirmed case was reported here in the Philippines.

Lucas Baldo 1:49

Okay, can you explain how has the virus Coronavirus affected you and your family or friends what has changed?

Arlette Kallos 2:00

Well it would be an understatement if I'd say that the virus has radically changed my life and the people around me my family and friends underwent adjustments and distorted two different ways to adapt to the new way of living with the lockdown and community quarantine here in the Philippines my sister decided to go to our province and they will be having a virtual class for a while and my brother in law who was working on an international cruise lost his job and was forced to go home and sadly I also had to cancel vacation plans and talk to my loved ones through video calls and facetime instead and since I am living alone i have this constant mindset that if I get infected how can I take care of myself.

Lucas Baldo 2:54

Can you explain how COVID-19 affected your daily your weekly routine like shopping for groceries spending time with family?

Arlette Kallos 3:02

Hmm

Minimizing physical contact with everyone was the top priority so more than restaurants were forced to shut down on the the supermarkets and drugstores were operating we had this quarantine pass that we used to enter the supermarket since there was a schedule when you have to go to the to the grocery store there were also no public transportation since there was a travel ban all over the country and I could see the road where just the private cars where the travel ban was lifted we are only allowed to travel if you if we acquire all the necessary documents such as medical certificate stating that we are not infected by the virus also we had to acquire a travel pass from the police station and the clearance from the local government.

Lucas Baldo 3:55

Due to the pandemic are you able to work from home why or why not?

Arlette Kallos 4:01

Yes, I am able to work from home since our company decided to let us work remotely to stay safe and that get us and not get ourselves infected with a virus.

Lucas Baldo 4:12

Do you know anyone that's been infected with a virus?

Arlette Kallos 4:16

Yes.

Lucas Baldo 4:19

How is adapting to the virus affected your work school or work responsibilities affected you?

Arlette Kallos 4:27

Uhm. Working from home has both negative and positive impacts on me at first I was having a hard time separating my work from my personal life but eventually I learned how to live with it so I decided to go back to our province since I am working remotely and with that I get to spend more time with my family.

Lucas Baldo 4:50

Awesome and final question what could we what would what would you like to tell the future generations about the pandemic?

Arlette Kallos 5:00

Just like I have mentioned a while ago, it would be an understatement if I would say that the virus has radically changed my life and the people around me. The pandemic taught us to keep ourselves extra healthy. Always do the little steps and take the necessary precautions and with all the information surrounding us, it is best not to panic and always conduct research because you know, fake news is everywhere. It is best to be always be prepared by being well informed.

Lucas Baldo 5:32

Well said, Thank you very much. I appreciate you uhm being in my interview.

Arlette Kallos 5:41

Thank you.

Lucas Baldo 5:41

Great!